

## Urology Medical Competencies Self-Assessment Checklist

Clinical Procedure	F1	F2	SpR	Self Assessment			Comments
				Not seen	Done	Competent	
Focused History Taking	●	●	●				
CVS examination	●	●	●				
RS examination	●	●	●				
Abdominal examination	●	●	●				
CNS examination	●	●	●				
PNS examination	●	●	●				
Scrotal examination	●	●	●				
Digital Rectal Examination	○	●	●				
Order Basic investigations	●	●	●				Induction Day
Use of PAS system	○	●	●				Induction Day
Computer Skills	●	●	●				
Interpretation of Investigation results	○	●	●				
Handover and communication skills	○	●	●				
Basic understanding of audit principles	○	●	●				
Catheterisation	○	●	●				
Write up patient medications		●					
Understand principles of fluid balance management	○	●	●				
Aseptic Technique	●	●	●				
Venepuncture	●	●	●				
Venous cannulation	●	●	●				
Intravenous injection	○	●	●				
Resuscitation and Emergency Care	○	●	●				
<b>F2 – all of above, and...</b>							
<b>Clinical Skills</b>							
Manage an emergency urology patient and refer for senior advice appropriately		○	●				
Assess patients pre-operatively and manage them post-operatively		○	●				
Handle basic surgical instruments and know about principles of sterility		○	●				
Learn to make an incision correctly and close it using a variety of techniques		○	●				
Understand principles of wound management and pros and cons of minimally invasive surgery		○	●				
Manage common post operative complications		○	●				
Be aware of limitations and benefits of audit		○	●				
Be able to communicate effectively with patients and colleagues		○	●				
Understand and be familiar with protocols		○	●				
Be aware of issues relating to consent procedures		○	●				
<b>Practical Skills</b>			●				
Catheterisation		○	●				
Cystoscopy +/- biopsy or diathermy		○	●				
Surgical approach to kidney, ureter, bladder, prostate and urethra		○	●				
Circumcision / Frenuloplasty		○	●				
Vasectomy		○	●				

Hydrocele / Epididymal cyst excision		○	●				
TRUS and Prostatic Biopsy		○	●				
Simple Orchidectomy		○	●				
Principles of transurethral resection		○	●				
Closed insertion of Suprapubic catheter		○	●				
<b>Specialist Registrars – All of the above, including....</b>							
Correction of infant hydrocele			○				
Open insertion of SPC			○				
Radical Orchidectomy			○				
Cystolitholopaxy			○				
ESWL			○				
Flexible Cystoscopy			○				
Laparoscopic varicocele ligation			○				
Insertion / Removal of ureteric stent			○				
Nephrectomy			○				
Open ligation of Varicocele			○				
Optical Urethrotomy			○				
Orchidopexy (Adult)			○				
Orchidopexy (Infant)			○				
Management of Torsion			○				
TURBT			○				
TURP			○				
Ureterolithotomy			○				
Ureteroscopy +/- lithoclast/stone extraction +/- stent			○				

- *Competent at start of post*
- *Desirable at start of post but competent by end of post*

**This list is neither comprehensive nor inclusive - where suitable training and need both exist other procedures may be learnt.**

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